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INTEGRA RESOURCES ANNOUNCES ANNUAL GRANT OF INCENTIVE STOCK OPTIONS

Vancouver, British Columbia — Integra Resources Corp. ("Integra" or the "Company") (TSX-V:ITR; OTCQX:IRRZF) announces that options to purchase 1,828,500 common shares in the Company were granted to employees, executives and directors of the Company, with an exercise price of \$0.80 per share. The options have been granted pursuant to the Company's Equity Incentive Plan and will expire five years from the date of grant. All of the options are subject to vesting provisions.

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

About Integra Resources

Integra Resources Corp. is a development-stage company engaged in the acquisition, exploration and development of mineral properties in the Americas. The primary focus of the Company is advancement of its DeLamar Project, consisting of the neighbouring DeLamar and Florida Mountain Gold and Silver Deposits in the heart of the historic Owyhee County mining district in south western Idaho. The first exploration program in over 25 years is currently underway on the DeLamar Project with more than 20,000 meters planned for 2018. The management team comprises the former executive team from Integra Gold Corp.

ON BEHALF OF THE BOARD OF DIRECTORS

George Salamis

President, CEO and Director

CONTACT INFORMATION

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